## Life insurance

## What does life insurance cover?

It pays your dependants a lump sum or regular payments if you die

## Do you need it?

Yes, if your children or partner depend on your income to cover the mortgage or other living expenses.

- Check whether you have an employee package that includes 'death in service' benefits, if so, you might not need more life insurance or maybe just a top-up
- If you're young and healthy, life insurance is very good value for money providing high cover at a relatively low cost
- It only covers death it won't cover you if you can't work due to illness or disability
- Existing medical conditions might not be covered and – if you have a serious health problem – you might not be able to get cover or only at a high cost

