Income protection insurance

What does Income protection insurance cover?

- Pays a percentage of your take-home pay if you can't work for a while because you're ill or disabled
- It covers most illnesses that leave you unable to work
- It doesn't cover you for unemployment

You should consider it if you can't rely on savings or employee benefits to see you through an illness.

- You're most likely to need it if you're self-employed, or you don't have occupational sick pay or savings to fall back on
- Your living expenses and bills should be covered until you can start working again or retire depending on the term of the policy
- You can claim as many times as you need to while the policy lasts
- Beware different definitions of 'unable to work' this will mean different things in different policies – get advice before buying
- You might not get cover if you have existing health problems or a dangerous job

